



## Red Kite Menu - 2019

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	Rice Crackers	Toast & Yogurt	Cheese sticks	Corn Thins Crispbread	Crackers & Cheese
	Water	Water	Water	Water	Water
Afternoon Tea	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	Corn Thins Crispbread	Marmite & cheese	Mini pizza & Yogurt	Raisins & Scone/muffin	Vege sticks & Hummus
	Milk	Milk	Milk	Milk	Milk

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	Toast	Cheese sticks	Corn Thins Crispbread	Crackers & Cheese	Carrot sticks & Hummus
	Water	Water	Water	Water	Water
Afternoon Tea	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	Plain biscuits	Sugar free cupcakes	Marmite & cheese	Toast & Yogurt	Raisins & Scone/muffin
	Milk	Milk	Milk	Milk	Milk

### Curriculum food:

#### Week 1

Monday: Making yogurt

Wednesday: Mini pizza

Thursday: Baking

#### Week 2

Tuesday: Baking

Wednesday: Making yogurt

Friday: Baking